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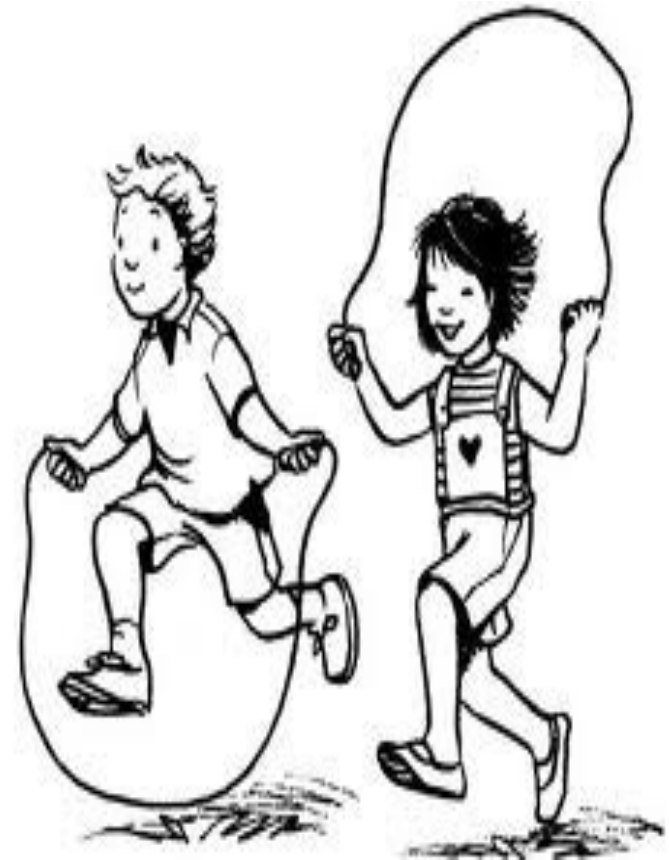
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Compiled by Edna Böhmer, October 2012.

Edited February 2013

# Physical Education

Primary and Secondary Education



370.1523 SUM Summerford, C.  
**Action-packed classrooms, K-5 : using movement to educate and invigorate learners.** 2009

371.384 BUN Bunting, C.J.  
**Interdisciplinary teaching through outdoor education.** 2006

M 371.904486 LIE Lieberman, L.J.  
**Strategies for inclusion : a handbook for physical educators.** 2009 *1 Book ; 1 CD-ROM*

371.904486 ROU Rouse, P.  
**Inclusion in physical education : fitness, motor, and social skills for students of all abilities.** 2009

371.916 DRE Drew, S.  
**Can't play, won't play : simply sizzling ideas to get the ball rolling for children with dyspraxia.** 2008

371.926 CHE Cheatum, B.A.  
**Physical activities for improving children's learning and behaviour : a guide to sensory motor development.** 2000

372.1384 BAL Balazik, D.  
**Outdoor and adventurous activities : KS2/3.** 2006

372.21 KAL Kaltman, G.S.  
**Hands-on learning : more than 1000 activities for young children using everyday objects.** 2009

372.37044 HAR Harrold, J.  
**Primary health and values.** 2003  
*Series consists of books A-G.*

372.37044 HEA  
**Health, nutrition, and P.E. : Promote better health and build awareness of healthy habits for life.** 2007  
*Series caters for ages PreK-K, and grades 1-2, 3-4, 5-6.*

372.37044 LIF  
**Lifestyle choices : a positive approach to healthy living : self-management, diet, exercise.** 2005  
*Series caters for ages 6-8, 9-10 and 11+.*

613.7076 SHE Shephard, J.  
**101 youth fitness drills. Age 12-16.** 2010

613.711 HAY Hayes, F.  
**Multi-sport training for fitness.** 2004

DV 613.711 STR  
**Strength for sports performance.** 2007  
*1 DVD (25 min.)*

616.398 CHI  
**Children, obesity and exercise : prevention treatment and management of childhood and adolescent obesity.** 2007

790.1922 HOR Horowitz, G.L.  
**International games : building skills through multicultural play.** 2009

792.8071 KAU Kaufmann, K.A.  
**Inclusive creative movement and dance.** 2006

M 792.8076 BEN Bennett, J.P.  
**Rhythmic activities and dance.** 2006  
*1 Book ; 1 CD*

793 CHI  
**Chicken and noodle games : 141 fun activities with innovative equipment.** 2007

M 796.068 THO Thompson, D.  
**S.A.F.E. play areas creation, maintenance, and renovation.** 2007  
*1 Book ; 1 CD-ROM*

796.44071 CAR Carroll, M.E.  
**Developing physical health, fitness and well-being through gymnastics (7-11) : a session-by-session approach.** 2012

798.088 DOW Dowson, A.  
**More fun and games.** 2009

**Journal:**  
**Joperd : the journal of physical education, recreation & dance.** 1998-

- DV 613.7042 FIT  
**Fit kids classroom workout.** 2005  
*1 DVD (50 min.) ; 1 Leaflet*
- 613.7043 STA  
**Staying in shape.** 2003
- 613.7071 BAI Bailey, R.  
**Teaching physical education : a handbook for primary and secondary teachers.** 2001
- 613.7071 CAL Cale, L.  
**Getting the buggers fit.** 2009
- 613.7071 CRE  
**Creative approaches to physical education : helping children to achieve their true potential.** 2008
- 613.7071 DAR Darst, P.W.  
**Dynamic physical education for secondary school students.** 2009
- M 613.7071 GIL Giles-Brown, L.  
**Physical education assessment toolkit.** 2006  
*1 Book ; 1 CD-ROM*
- 613.7071 HAR Harris, J.  
**Health-related exercises in the national curriculum. Key Stages 1-4.** 2001
- M 613.7071 MOH Mohnsen, B.S.  
**Teaching middle school physical education : a standard-based approach for grades 5-8.** 2008  
*1 Book ; 1 CD-ROM*
- 613.7071 PHY  
**Physical education : essential issues.** 2005
- 613.7071 REA  
**The really useful physical education book : learning and teaching across the 7-14 range.** 2011
- M 613.7076 EVE  
**Everybody move! : a multimedia package for daily physical activity.** 2010  
*1 Book ; 1 DVD-ROM ; 1 Sound disc*
- 372.41 OPI Opitz, M.F.  
**Literacy lessons to help kids get fit & healthy.** 2010
- 372.86 AFR Africa, E.K.  
**'n Opname van die bewegingsontwikkelingskenmerke van die grondslagleerders in die Stellenbosch omgewing.** 2004
- 372.86 CON Cone, T.P.  
**Interdisciplinary elementary physical education.** 2009
- M 372.86 GAL Gallative, D.L.  
**Developmental physical education for all children.** 2003. *1 Book ; 1 CD-ROM*
- M 372.86 GRA Graham, G.  
**Teaching children physical education : becoming a master teacher.** 2008  
*1 Book ; 1 DVD*
- 372.86 PIC Pica, R.  
**Physical education for young children : movement ABCs for the little ones.** 2008
- M 372.86 RIN Rink, J.  
**Schoolwide physical activity : a comprehensive guide to designing and conducting programs.** 2010  
*1 Book ; 1 CD-ROM*
- 372.86 SAN Sanders, S.W.  
**Active for life : developmentally appropriate movement programs for young children.** 2002
- 372.86044 ALL Allen, W.  
**Games, ideas and activities for primary PE.** 2009
- 372.86044 BRO Brownhill, S.  
**100 ideas for teaching physical development.** 2009
- 372.86044 CLA Clancy, M.E.  
**Active bodies, active brains : building thinking skills through physical activity.** 2006
- 372.86044 COL Colvin, A.V.  
**Teaching the nuts and bolts of physical education : building basic movement skills.** 2000

372.86044 DEM De Marzo, J.M.  
**Healthy breaks : wellness activities for the classroom.** 2010

372.86044 DIE Dienstman, R.  
**Games for motor learning.** 2008

372.86044 EAR  
**Early steps : physical education curriculum : theory and practice for children under 8.** 2010

372.86044 FLE Flemming, T.M.  
**PE connections : helping kids succeed through physical activity.** 2007

372.86044 FOL Folker, D.  
**No fuss games to get children active.** 2008

372.86044 HAL Hall, J.  
**PE lesson plans. Year 1-8. Complete teaching programme.** 2005  
*Series caters for receptive year and years 2-6.*

372.86044 HAL Hall, J.  
**The primary physical education handbook.** 2004

DV 372.86044 HIP  
**Hip-hop health : learning concepts through physical activity.** 2010 *1 DVD (50 min.)*

372.86044 KEL Kelly, L.  
**Active every day. KS1 : 10 minute activities for a healthy school day.** 2006  
*Series caters for KS-1, lower KS-2 and upper KS-2.*

372.86044 LAN Landy, J.M.  
**Kids with zip : a practical approach for educators and parents to develop active children. Ages 3-12.** 2002

372.86044 OAT Oatman, D.  
**Old favourites, new fun : physical education activities for children.** 2007

372.86044 PEI Peirce, P.  
**Don't sit! Get up!** 2004

372.86044 SHE Shepherd, J.  
**101 youth fitness drills.** 2010  
*Series caters for ages 7-11, 12-14*

372.86044 SMI Smith, J.L.  
**Activities for gross motor skill development.** 2003

M 372.86044 THO Thomas, K.T.  
**Physical education methods for elementary teachers.** 2008 *1 Book ; 1 DVD*

372.86044 WNE Wnek, B.  
**Celebration games : physical activities for every month.** 2006

372.868 KOV Kovar, S.K.  
**Elementary classroom teachers as movement educators.** 2009

372.868044 KOG Kogan, S.  
**Step by step : a complete movement education curriculum.** 2004

372.868044 SCHI Schiller, P.B.  
**Continuum of physical development : developmental activities for young children.** 2010

373.1102 STO Stone, R.  
**More best practices for high school classrooms : what award-winning secondary teachers do.** 2010

M 613.076 PUZ Puza, R.F.  
**Health education, ideas and activities : 24 dimensions of wellness for adolescents.** 2008  
*1 Book : 1 CD-ROM*

613.66076 NEI Neide, J.  
**Teaching self-defence in secondary physical education.** 2009

613.7042 BEA Bean, A.  
**Kids' food for fitness.** 2002

613.7042 COU Coulson, M.  
**Teaching exercise to children : a complete guide to theory and practice.** 2010